

JOURNALING  
AS A SPIRITUAL  
PRACTICE

~~~~~  
*Encountering God  
Through Attentive Writing*

HELEN CEPERO

*You are invited to join the  
West-coast celebration of  
our friend and colleague  
Helen Cepero and her  
newly-published first book!  
Come and see Helen and  
enjoy the party!*

## Book Party!!!

*Sunday, June 15th, 4:00-8:00 p.m.*

*(drop by as your schedule allows)*

*Readings by Helen from her book (at 5:00, 6:00 and 7:00 p.m.)*

*Book blessing (at 7:00 p.m.)*

*This is the first time the book will be available for sale  
(\$15, cash or check)*

*The party will be held at  
The Journey Center, 1601 Fourth Street, Santa Rosa  
(for directions, visit our website [www.journeycenter.org](http://www.journeycenter.org))*